

### Thursday Night Mile Time Trial Results, 2005-2011

|            | 2005   | 2006   | 2007   | 2008   | 2009   | 2010    | 2011   |
|------------|--------|--------|--------|--------|--------|---------|--------|
|            | mile   | mile   | mile   | mile   | 1600m  | 1600m   | mile   |
| Adam       |        | 5:27.7 |        |        |        | 5:39.0* | 5:17.3 |
| Anders     |        |        |        | 5:52.3 |        |         |        |
| Andy B     |        | 4:50.2 |        |        |        |         |        |
| Angie      |        |        |        |        |        | 7:59.9  |        |
| Anne M     |        |        |        |        | 6:15.6 |         |        |
| Ashley     |        |        |        |        |        |         | 5:55.7 |
| Asit       |        | 6:30.5 | 6:21.7 | 6:26.6 | 6:02.2 |         | 6:24.6 |
| Brent      |        | 5:37.3 |        |        |        |         |        |
| Brian      |        |        | 5:50.7 |        |        |         |        |
| Brian H    |        |        |        |        | 5:54.3 |         |        |
| Brian P    |        |        |        |        |        |         | 6:24.6 |
| Brian VZ   |        |        |        |        | 6:04.4 | 6:09.6  |        |
| Carlos     |        |        |        |        |        | 5:31.2  |        |
| Chris C    |        |        |        |        |        |         | 5:27.5 |
| Chris M    |        | 6:03.9 |        |        |        |         |        |
| Christine  |        |        |        | 6:43.5 |        |         |        |
| Dale       |        |        |        | 5:42.7 |        |         |        |
| Dan        |        |        | 5:54.9 |        |        |         |        |
| Danielle   |        |        | 6:00.1 | 5:47.7 |        | 5:40.8  | 5:35.4 |
| Dave P     |        |        |        |        |        | 5:41.4  | 5:25.5 |
| David O'C  |        |        |        | 5:16.4 |        |         |        |
| Denis      |        |        | 5:19.1 | 5:28.0 | 5:18.5 | 5:15.1  |        |
| Diment     |        |        |        |        | 4:55.7 |         |        |
| Emily      |        |        |        | 6:51.6 |        |         |        |
| Erin       |        | 7:37.5 |        |        |        |         |        |
| Ferris     | 5:56.9 |        |        |        |        |         |        |
| Fiona      |        |        |        |        |        | 6:26.3  |        |
| Francisco  |        | 5:35.6 |        |        |        |         |        |
| Frank      | 5:25.3 | 5:44.8 | 5:46.8 | 5:14.1 | 5:09.5 | 5:36.0  |        |
| Geoffrey V |        |        |        |        |        |         | 5:02.0 |
| George D   |        |        |        |        |        | 6:58.5  |        |
| Gino       |        |        | 5:15.9 |        | 5:02.3 | 5:09.9  |        |
| Greg       |        |        |        |        |        |         | 5:03.7 |
| Ilona      |        |        |        |        | 6:23.7 |         |        |
| Jeff H     | 5:27.4 |        | 5:18.6 |        |        |         | 5:24.9 |
| Jessie     |        |        |        |        | 6:14.9 |         |        |
| Joel       |        |        |        | 6:34.5 |        |         |        |
| John G     |        |        |        | 5:32.6 |        |         |        |
| John S     |        |        | 5:31.6 | 5:47.2 | 5:29.3 | 5:55.3  |        |
| Justin     |        |        |        |        | 4:42.7 | 4:40.2  | 4:44.2 |
| Keith      | 6:35.8 | 6:51.9 | 7:00.7 |        |        |         |        |
| Kenley     |        |        |        |        | 5:10.5 | 5:12.9* | 5:07.1 |
| Lara       |        | 6:37.9 |        |        |        |         |        |
| Leah       |        |        |        | 5:37.6 |        |         |        |
| Louise     |        |        |        |        |        |         | 6:01.0 |
| Malinda    | 7:30.8 | 7:01.8 | 7:19.6 | 7:35.3 | 6:49.8 | 6:24.5  | 6:34.9 |
| Mark Her.  |        |        |        |        |        | 5:36.0  |        |
| Mark Huff. |        |        |        |        | 5:56.8 |         | 6:08.3 |
| Markham    |        |        |        | 5:40.9 |        |         |        |
| Matthew    |        | 5:05.7 |        |        |        |         |        |
| Mike A     |        |        |        |        |        |         | 5:40.9 |
| Mike H     | 5:58.0 |        |        |        |        |         |        |
| Mike Kim   | 5:31.5 |        |        |        |        |         |        |
| Monica Z   |        |        |        |        | 5:52.3 |         |        |
| Nakia      |        |        |        |        |        | 5:38.6  | 5:22.2 |
| Nathan     | 5:03.1 | 5:25.4 | 5:48.8 | 5:26.7 |        |         |        |
| Patrick    | 6:28.5 |        | 6:15.1 | 6:31.9 | 6:42.0 |         | 6:27.5 |
| Pete       |        | 5:10.4 |        |        |        |         |        |
| Peter H    |        |        |        |        |        | 5:23.3  |        |
| Raissa     |        |        |        |        |        |         | 7:14.2 |
| Raymond    |        | 7:43.6 |        |        |        |         |        |
| Sara C     |        |        |        | 6:10.2 |        |         |        |
| Sara S     |        |        | 5:52.1 | 6:00.5 |        |         |        |
| Shawn      |        |        |        |        | 5:47.2 |         |        |
| Simon      |        |        |        |        |        | 5:12.0  |        |
| Stella     |        |        |        |        | 6:09.5 |         |        |
| Steve L    |        |        |        |        |        | 4:50.5  | 4:56.1 |
| Tom        |        |        |        |        | 5:21.9 |         |        |
| Tomas      | 5:18.8 | 5:15.9 |        | 5:28.2 | 5:18.0 | 5:29.2  | 5:26.4 |
| Tower      |        |        |        |        |        |         | 5:01.2 |
| Xiaoyin    |        |        |        |        |        | 7:11.3  |        |
| Yvonne     |        |        |        |        |        | 5:40.2  |        |
| Zack       | 5:00.9 |        | 5:14.1 |        | 5:17.0 |         |        |